

Dear Parent or Guardian,

Gretna Public Schools take all aspects of your child's safety as one of our most important responsibilities. School meals are no exception. Nutrition Services participates in the National School Lunch Program (NSLP) and offers safe and wholesome meals for all students with no bias or discrimination. It is required by The Nebraska Department of Education Nutrition Services that all diet accommodations are reviewed annually. The state form(s) are only used if your child will need meal or snack accommodations **while at school and from Nutrition Services**.

If your child will need a meal accommodation, parents/guardians will need to complete one of the two attached forms to help ensure the safety of their student(s.) If your student(s) have an active 504 Plan, this form will become a part of the plan. If you would like information on 504 Plans, it is available from your school nurse.

More information on which form is best for your situation is available on the document called School Meal Accommodation Notes. Completed forms should be sent to your school nurse. It is important that you notify your school nurse immediately if your child's needs change during the school year.

If you would like to discuss your child's dietary needs or need help completing this form, please feel free to call Sharon Schaefer, Director of Nutrition Services, by phone (402) 332-3936 x.3833 or by email sschaefer@gpsne.org.

Sincerely,

Sharon Schaefer, SNS

Gretna Public Schools

School Meal Accommodation Notes

Only one student can be recorded on each form.

The form(s) are only used if your child will need meal or snack accommodations **while at school and from Nutrition Services**. Some instances are but not limited to; due to an allergy, celiac disease, gluten intolerance, lactose intolerance or another medical condition. There are two different forms available but only one form is needed based on the type of accommodation needed.

NSLP Meal Pattern

1. Protein, represented by various meat sources as well as yogurt, cheese, eggs, and beans. Serving size varies by age group.
2. Grains, all grains are required to be whole grain rich and can be sliced bread, baked goods, rice, pasta, cereal, and cooked grains. Serving size varies by age group.
3. Fruit, represented using fresh, frozen, and canned. Serving size varies by age group.
4. Vegetables, requirements include serving specific color groups. Serving size varies by age group.
5. 8oz Fluid Low Fat or Fat Free Milk

Request for Meal Accommodation Form Use for accommodations that can be met within the NSLP meal pattern requirements. This form can be completed by a parent or legal guardian. All reasonable requests will be accommodated. Examples of use are:

1. Single item food allergy, simple substitution: Nutrition Services can reasonably substitute another item (already on hand and from the same food group) in place of the allergen item.
 - a. Strawberry allergy: ½ cup Grapes substituted for ½ cup strawberries
 - b. Egg allergy: Breakfast sausage substituted for scrambled eggs
2. Single item food allergy, purchased substitution: Nutrition Services does not have a substitute on hand. An appropriate substitute will be identified and purchased. Nutrition Services will substitute the purchased item (from the same food group) in place of the allergen item.
 - a. Fluid milk allergy: 8 oz. lactose free milk substituted for 8 oz. traditional fluid milk OR 8 oz. NSLP dairy alternative substituted for 8 oz. traditional fluid milk

Medical Request Form Use for accommodations that cannot be met within the NSLP meal pattern requirements. This form must be completed and signed by a State Licensed Health Care Professional (see form for details.)

Questions should be directed to Sharon Schaefer, Director of Nutrition Services, sschaefer@gpsne.org